

TelaDoc is a national network of board certified physicians providing cross coverage consultations 24 hours a day, 365 days a year. TelaDoc physicians use electronic health records (EHRs) and telephone consultations to diagnose, recommend treatment and write short-term non DEA controlled prescriptions, when appropriate. Call TelaDoc from work, home, or while on vacation; our physicians are always available.

TelaDoc Benefits:

- Physicians available 24/7/365
- Fast access—average consult within 30 minutes
- Prompt diagnosis results in faster treatment
- Available anywhere, anytime—requires only a telephone
- Secure, personal, and portable electronic health record (EHR)
- Patient-centric focus
- Efficient delivery system for routine healthcare

When To Use TelaDoc:

- When your physician is not available
- For non-emergent medical care
- After normal hours of operation
- When on vacation or a business trip
- For second opinions

TelaDoc Treats Conditions Like:

- Sinus Infections
- Respiratory Conditions
- Allergies or Bronchitis
- Urinary Tract Infections
- Pink Eye or Poison Ivy
- Sore Throat, Cold or Flu

Set Up Your Account (Required)

1. Go to www.TelaDoc.com and click Account Set Up.
2. Enter your legal first name, last name and date of birth.
If you have your username/member ID (located on your membership card), or a company provided code, enter it here. If you do not, continue to Set Up Account Now.
3. Complete all required fields on the Account Set Up page. Under Login Information you may keep your generated username/member ID or you may change it now.
4. After you read the [Terms and Conditions](#) and [Privacy Policy](#), signify your acceptance by entering your eSignature and then click Submit.
5. Review your Membership & Pricing, then click Complete.
6. Complete your medical history disclosure (MHD) under the Health Records section.

Completing Your Medical History

Members must complete a TelaDoc medical history disclosure (MHD) prior to requesting a consult.

If you were unable to complete your medical history disclosure at the time of account set up, please use one of the following options:

- a. **Online:** Logon to your account at www.TelaDoc.com using your username located on your ID card. Then complete the Medical History Disclosure located in your Health Records page.
- b. **Paper:** MHDs are provided by your employer. Please allow 14 days for account set up from the time TelaDoc receives your form(s).
- c. **Call Center:** Call [1.800.TelaDoc](tel:1.800.TelaDoc) (835.2362) and a representative will be available 24/7 to record your medical history over the telephone. **There is a \$12 charge to members if selecting this option, unless otherwise noted by your employer.**

Your account set up is now complete and you may request a consult at any time by clicking the Schedule Consult link via your online account or by calling [1.800.TelaDoc](tel:1.800.TelaDoc). If you need assistance, please contact TelaDoc Customer Service at [1.800.TelaDoc](tel:1.800.TelaDoc).